



Appliqué Stitch Lab

Instructor: Linda Sullivan of Colourwerx

Full Day Workshop



Workshop Descriptive: Boost your appliqué IQ! Loaded with super practical tips and tricks, this workshop is a great class to learn or brush up on easy machine appliqué. While making the 'Splendor' appliqué wallhanging, students will learn a variety of different methods to prepare their shapes for raw edge and turned edge machine appliqué as well as perfect their own "unique appliqué stitch" during class. Along the way, they'll also learn how to use a variety of fun decorative stitches to texturize their appliqués and gain the confidence they need to appliqué the day away!

Materials List: (refer to page 2 - Stitch Lab Pattern Handout for Flower Shapes)

• Fabric Requirements:

1. **For Appliquéd Flower Petals:** Choose 6 Different Colours - gather a variety of scraps totaling 3/4 yards or an assortment of 10" squares
2. **Background Fabric:** (4) 12 1/2" x 12 1/2" squares of neutral fabrics sewn together in a 4-patch to make a 24 1/2" square or (1) yard of a neutral coloured fabric cut to 24 1/2" x 24 1/2" square
3. 1 yard Fusible Web (Heat n Bond Lite preferred)
4. 1-1/2 yards Sulky Totally Stable Iron On Tear Away Stabilizer (or comparable stabilizer for decorative stitching)
5. (6) Spools Thread 100% Cotton 50wt Thread (or similar brand) that coordinate with your Flower Colors or a Variety of Threads of Your Choice
6. Sharp to the Point Appliqué Scissors
7. (1) pack 90/14 Microtex Schmetz Sewing Machine Needles
8. Glue Stick or water soluble glue
9. Bring (2) extra 10" x 10" scrap fabric squares and extra flower fabrics for testing.

You will also need these other sewing items to complete this project:

- Your Sewing Machine **With Open Toe Applique Foot** (unless machines are provided in the workshop);
- Extra Bobbins for your machine (unless machines are provided);
- A Must! Basic Sewing Supply Kit - with for example: Thread nippers, seam ripper, straight pins, rotary cutter, etc....



Before Class:

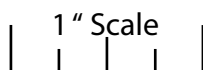
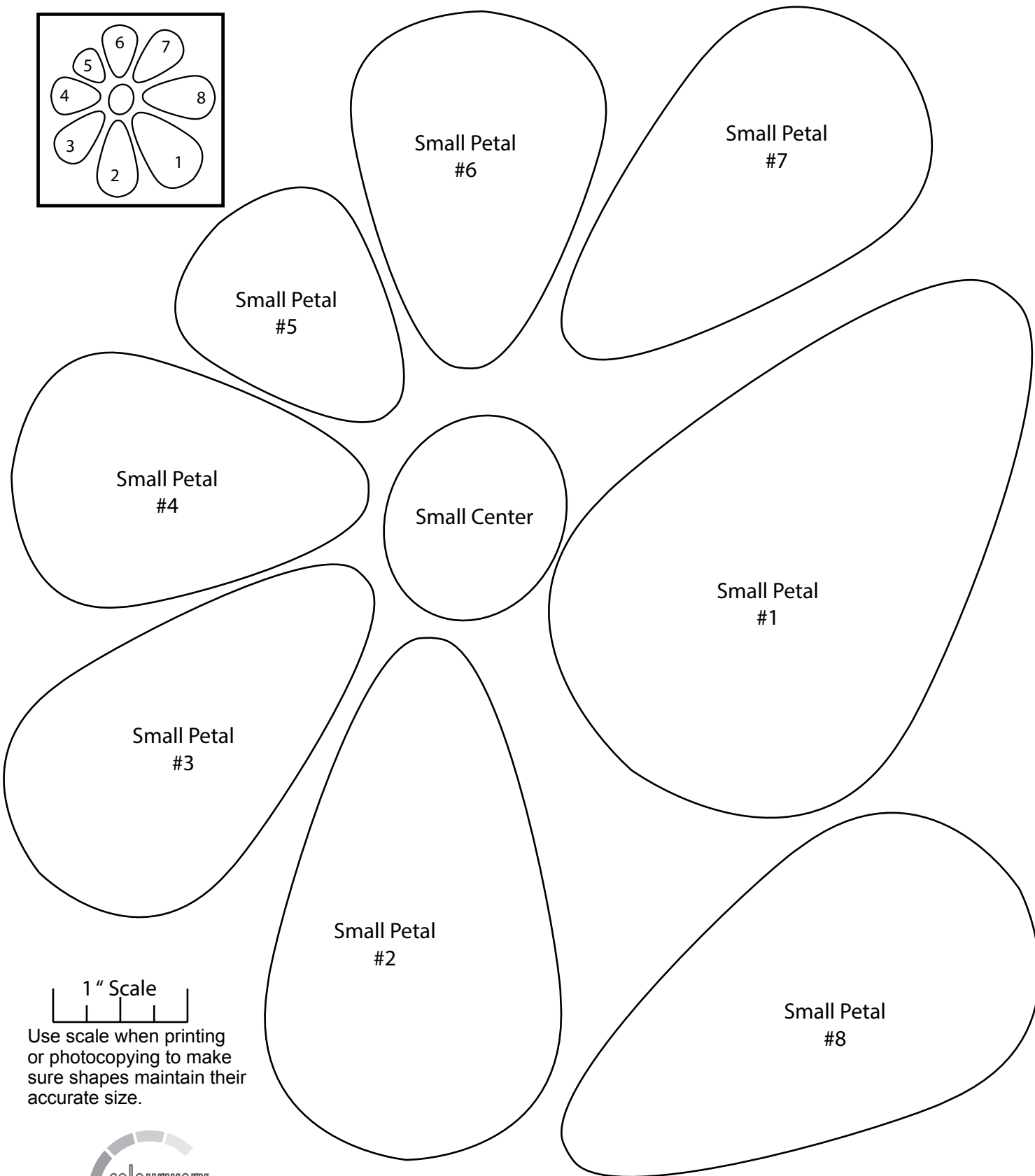
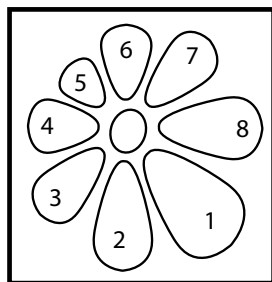
Please prepare the following before class:

1. Following the manufacturer's instructions on the fusible web - trace the "Splendor" flower shapes (6X) times on the paper side of the fusible web. **You will create (6) sets of shapes to make (6) flowers to complete the project - If your prep time is limited, you can make less but you will need at least (3) sets of flowers for class.**
2. Rough cut the drawn fusible web flower shapes out 1/4" beyond the drawn line (DO NOT CUT ON THE DRAWN LINE) - then iron the shapes to the **WRONG** side of your flower fabrics. Next, carefully cut out these shapes directly on the drawn line. Again, create (3-6) sets of the small flower shapes. **Do not add a 1/4" seam allowance to your shapes.**

Please feel free to email Linda for further information or questions at colourwerx@yahoo.com. Thank you!

Appliqué Stitch Lab Pattern Shape: Following the manufacturer's instructions on the fusible web, trace the shapes onto the paper side of the fusible web. Rough cut all of the traced shapes out a 1/4" beyond your drawn line and iron to the wrong side of your flower fabrics and cut out. Perhaps consider making an extra set of flowers shapes from scrap fabric for testing.

When making copies of this page, ensure that your printer settings are at 100% and NOT 'scale to fit page'!



Use scale when printing
or photocopying to make
sure shapes maintain their
accurate size.

