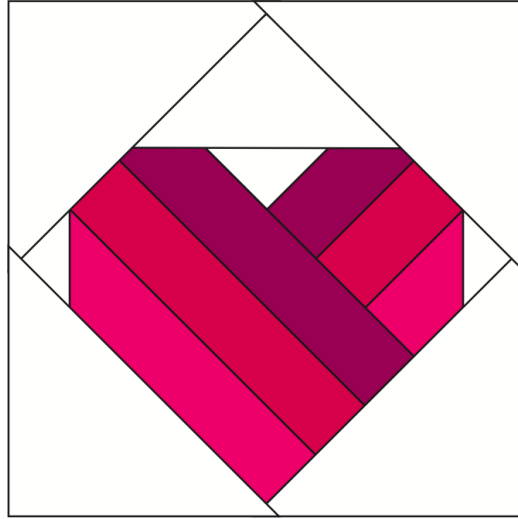


January 2022 Block of the Month

Take Heart Quilt Block



This month's block was designed by Lane Hunter, Instagram: [@tworightfeetlane](#) and [Modern Domestic.com](#) quilt shop in Portland, OR. The shop collected hundreds of these blocks which were to be sewn into quilts and auctioned as part of a 2020 fundraiser to support several local charities. I thought these would be fun to make for Valentine's Day.

Supplies for 1 block:

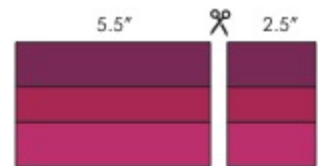
3 feature fabrics 1 1/2" x 8 1/2" (dark, medium, light) for the heart. Reds are traditional but you can use any colors you like. (Blues, greens, pinks, oranges etc., make them colorful!)

Background fabric (provided) 3 - 1 1/2" squares, 1- 3 1/2" triangle, two 4.5" squares

1. Select a dark, medium, and light fabric. From each cut a 1.5" x at least 8 1/2" rectangle. Using a 1/4" seam allowance, sew strips together along long edges with the medium fabric in the center. Press towards dark



2. Cut this new tri-color strip into 2 rectangles; 5 1/2" and 2 1/2". Discard remainder.



3. On the back side of the 2 - 1 1/2" squares draw a diagonal line from corner to corner with an erasable marker. Place these two squares to the two tri-color pieces as shown and stitch along the inked line. Trim seam allowance to 1/4" and press background triangles back.



Place third back-ground square as shown and sew with 1/4" seam. Press square up.



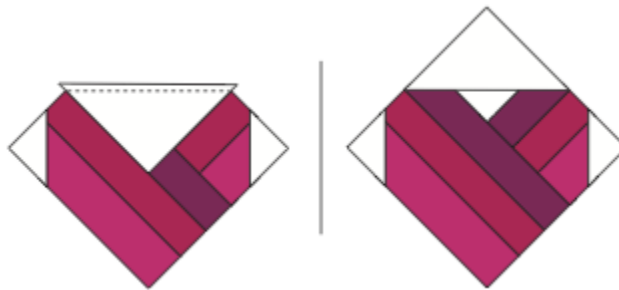
4. Rotate the larger piece 90° clockwise until the strips are vertical. Flip smaller piece onto larger with bottom edges and right edges aligned. Sew 1/4" seam along the right edge and press to smaller rectangle.



5. Rotate the block 45° counter-clockwise. Trim the three peaks 1/4" above the left and right corner of the white square. Likely, it will be where the white square and dark fabric cross.



6. Take the small triangle and center the long end on the end with the corner of your heart block. Stitch 1/4" seam and press triangle up.



7. Cut the 2 - 4 1/2" squares in half on the diagonal. Taking 2 of these triangles center the long ends on two opposing sides of the heart, as shown. Sew with 1/4" seam and press back. Repeat on opposite sides with the other two triangles. Do not trim - we'll let the winner trim the blocks to size.

